



2010 Teen Adventure Program for Cancer Survivors

July 7 to July 13

Ages 13-17; -or- a 2009/2010 high school senior, 15 total participants

Get a taste of adventure during this 7 day/ 6 night program! Meet other teens while rafting and camping along the Salmon River. Hiking, swimming and kayaking along with many other activities are offered with ample time to relax and enjoy nature. No camping or rafting experience required and any fitness level is welcome; activities are customized to accommodate each participant. Teens will learn camping and rafting skills along with cooking over an open fire and in Dutch ovens. Staff includes a licensed professional counselor and a medical professional. The program is free although an application fee of \$50 is required.

The adventure begins in Salmon, Idaho and ends in McCall. The first night is spent in Salmon and the next 6 days on the Salmon River. Program ends on July 13 in McCall. Rafting activities are provided by Wilderness River Outfitters (WRO), a licensed Idaho outfitter, and their staff of professional licensed guides. WRO uses high quality rafting and kayaking equipment and will teach participants how to properly use it. The small group size of 15 allows time to develop lasting relationships and learn new skills.

Register online and download applications at: www.riverdiscovery.org. May 7 deadline for all paperwork and application fees! Registration cannot be guaranteed until paperwork and application fee is received.

2010 Adult Adventure Program for Cancer Survivors

September 1 - 7

Ages 18 and over, 15 total participants

Experience nature during this 7 day / 6 night program! Meet other adults while rafting and camping on beautiful sand beaches along the Salmon River. Hiking, swimming and kayaking are just some of the activities offered along with plenty of time to relax and enjoy the serenity found in the wilderness. No camping or rafting experience required and any fitness level is welcome; activities are customized to accommodate each participant. Attendees will learn about Dutch oven and open fire cooking, natural history and canyon lore. Staff includes a licensed professional counselor and a medical professional. The program is free although an application fee of \$50 is required.

The adventure begins in Salmon, Idaho and ends in Boise. The first night, September 1, is spent in Salmon and the next 6 days on the Salmon River. Program ends on September 7 in Boise. Rafting activities are provided by Wilderness River Outfitters (WRO), a licensed Idaho outfitter, and their staff of professional licensed guides. WRO uses high quality rafting equipment and comfortable camping gear and will teach participants the proper use of it. The small group size of 15 allows time to develop lasting relationships and learn new skills. A spouse or caregiver may attend for an \$800 fee. Call Mary at (208) 303-0040 for more details.

Register online and download applications at: www.riverdiscovery.org. July 1 deadline for all paperwork and application fees! Registration cannot be guaranteed until paperwork and application fee is received.

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